



Course Content

Students at SPIP tackle complex and demanding physical activities. They are required to be involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle.

Softball - This sport is classed as a field and strike team sport, and students will use their motor skills developed in Key Stage 3 to accomplish strategies, communication and teamwork centre learning. activities.

Dodgeball - This sport is classed as a game, and students will use their motor skills developed in Key Stage 3 to accomplish strategies, communication and teamwork centre learning.

Badminton/Volleyball - This sport is classed as a net sport, and students will use their motor skills developed in Key Stage 3 to accomplish strategies, communication and teamwork centre learning.

Resources

N/A

Assessment

This is a non examination subject at Key Stage 4, and it's main focus for students to use this opportunity to develop key skills such as teamwork, communication and dealing with stress through physical activity.